125, Avenue du Pesage – 1050 Ixelles
1, Avenue de Tchéquie – 1420 Braine l'Alleud
02/649-71-05
digitaldentists@gmail.com
http://www.cabinetdupesage.be
http://www.dentistebraine.be

POST-GRAFTING RECOMMENDATIONS

!!! Do not pull on your lip or cheek.

!!! Do not smoke .

The first 24 hours after surgery :

- Don't brush your teeth.

- Eat cold, liquid meals.

- Don't spit or rinse.

- No mouthwash.

24 hours following the surgery :

- Brush your teeth as usual (if possible with an electric toothbrush) but avoid the operated area for 2 weeks.

- Eat soft food for 10 days.

48 hours following the surgery :

- Mouthwash (Isobetadine buccale) : twice a day for 1 minute, two weeks.

Simply leave the product in contact with the wound.

Medicines :

- Paracétamol/ Dafalgan 1g : 1 medicine 3 times a day between meals + 1 medicine immediately after the surgery.

!!! Maximum 4 medicines a day.

- Medrol : as prescribed by the dentist.

- When the Medrol is stopped and if Dafalgan is not sufficient : Ibuprofène 600mg, 1 medicine at each meal, 2-3 days.

!!! Maximum 3 medicines a day.

- Antibiotics : as prescribed by the dentist.

!!! In case of bleeding, bite down on a compress for 10 minutes.

!!! A swelling or a bruise is always possible. It should disappear within 3-4 days.